

# LIGHTNING FLEET 50 INVITES YOU TO THE

## Doc Gilbert 27<sup>th</sup> Annual Potomac Cup Regatta May 7-8, 2011

*On the famous Potomac River at Leesylvania State Park, just outside of Washington DC where the Potomac is 3 miles wide!*

**SPONSORED BY**

**Yuengling**



*America's Oldest Brewery.*

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### EVENT

This is a family event, with lots of sights to see in nearby Washington, DC. Leesylvania State Park has hiking trails, playground equipment, picnic facilities, showers, indoor restrooms, and sandy beaches for sunning. Tent camping near the pavilion is allowed. Of course there are all the sights of DC just up I-95. Check the website for more details, like pictures and results: <http://www.lightningclass.org/fleet50>

### NOTICE OF REGATTA

These races will be governed by the “rules” as defined in the ***Racing Rules of Sailing***. The races are open to Lightnings and Flying Scots. The entry fee is \$95 for Lightnings and \$85 for Scots. Six races are planned. If all six are sailed, a sailor’s best 5 are scored. Otherwise, all races are scored, and 1 race constitutes a regatta.

Sailors may also carry a handheld VHF radio aboard. The race committee may announce their intentions to start a race on the radio and count down the last 5 seconds to various flag signals. The race committee may also announce the sail numbers of OCS boats, although possibly after a significant delay.

Allan Terhune of North Sails and multiple time North American champion in the Lightning and Flying Scot classes will lead a multi-faceted racing clinic. On Saturday he will help sailors with questions tune their rigging. After the skipper’s meeting he will lead a discussion among the top sailors on how conditions of the day will affect their trimming techniques and strategy. After racing, during Happy Hour, he will lead a debriefing of the same sailors on how those techniques and strategies worked.

Furthermore, any sailor who wants will be paired with a top sailor – a “mentor system”. In the parking lot, their boats will be next to each other so they can chat about tuning, etc. On the water, they will meet up between races to discuss how things went and what might be done to solve any problems.

### FRIDAY, May 6

You may arrive Friday, setup, and go sailing. To avoid I-95 rush hour, try to get there before 3:30 or after 7:00. You may drop off your Lightning anytime before park closing at dusk.

### SATURDAY, May 7

Registration from 8:30 to 11:00 a.m. The entry fee covers park entry and launch fees; dinner for skipper and crew; bagels/donuts & orange juice; DIY peanut butter & jelly fixings, and 3 regatta T-shirts. (Park entry fee is for one car; each additional car is \$5.00, payable to the State Park.)

Skipper’s meeting on Saturday at 10:30 a.m.

Warning gun at 12:00 Noon Saturday, 3 or 4 planned races.

Following the races on Saturday is Happy Hour with ***Yuengling*** and a better-than-ever dinner with gourmet menu (steak or salmon, vegetables, salads, and deserts) in a covered pavilion and that beverage of choice: ***Yuengling***.

Extra tickets for Happy Hour & gourmet dinner \$10.

### SUNDAY, MAY 8

Warning gun at 10:00 a.m.; 2 or 3 planned races & awards ceremony with hot dogs and ***Yuengling*** following.

# LIGHTNING FLEET 50

Rick Welch, Regatta Chair  
1200 Portner Road, Alexandria, VA 22314

## The 2011 Doc Gilbert Potomac Cup Regatta, May 7-8, 2011, at Leesylvania State Park, Virginia

**DIRECTIONS:** For Google maps or a GPS use 2001 Daniel K Ludwig Drive, Woodbridge, VA 22191. Take Exit 156 off of I-95 (approx. 14 miles south of the I-95/495/395 interchange aka the mixing bowl) and follow Route 784 East. Once on the exit service road, look for small brown signs for Leesylvania State Park. You'll merge onto Rt 784E/Dale Blvd; go about a mile; turn right (south) onto Rt. 1; go 1 mile; take left onto Neabasco Creek Road; go 1.5 miles; turn right into park. Once in the park and after passing under the railroad bridge, look for the second parking lot with the cranes and just north of the park store.

### WHO'S COMING?

If you are even thinking about coming, please contact Rick Welch, the Regatta Chair, ([richardvwelch@gmail.com](mailto:richardvwelch@gmail.com)) and let him know. THANKS!

**ACCOMMODATIONS:** Lodging—Fleet 50 members cordially offer space and breakfast. For details contact Frank at 703 560-6863 or [frankjgallagher@gmail.com](mailto:frankjgallagher@gmail.com). On-site tent camping at Leesylvania State Park next to the regatta pavilion is available with restrooms and showers nearby. Overnight RV parking near the pavilion is allowed. Inexpensive motels include Super8 – Dumfries (703 221-8838); Sleep Inn – Dumfries (703 445-0900).

### NEED CREW?

Every year we have been successful in helping to line up crew for skippers who are short of crew. We have a long list of people interested in crewing. So if you'd like to come to the regatta but possibly are short of crew, call our Director of Crew Matching, Jeff Storck at 571 422-2444 or [theoretically@verizon.net](mailto:theoretically@verizon.net). Please call early so that we can lock these crew people in.

## Potomac Cup 2011 Early Intentions Form

If you are at all interested in coming to the Potomac Cup, please provide us with some contact information so that we can communicate with you.

Name: \_\_\_\_\_ Boat # \_\_\_\_\_ Fleet # or home port: \_\_\_\_\_

Email: \_\_\_\_\_ Phone number: \_\_\_\_\_

Return to: Rick Welch, Regatta Chair  
1200 Portner Street, Alexandria, VA 22314